# ONLINE SECURITY GUIDE

**TIPS TO KEEP YOU SAFE AND SECURE** 

THE HOME OF MARTIAL ARTS BUSINESS



www.nestmanagement.co.uk

## **ONLINE SECURITY GUIDE**

## TOP TIPS

### **HOW TO STAY SAFE ON GOOGLE ADS**

## Activate Two-Factor Authentication (2FA):

- · Add an extra layer of security to your Google accounts by activating two-factor authentication.
- Any changes to your account will need to be confirmed using two-factor authentication before being implemented.

## Beware of Email Scams:

- · Google only communicates through official emails ending in @google.com.
- Be cautious of emails from Gmail accounts or other domains claiming to be Google, these are scam accounts and are not safe.

## ✓ Verification of Google Calls:

- · If Google contacts you by phone, ensure they confirm the first 6 digits of your account number.
- Legitimate calls from Google will provide these account details. If the caller cannot confirm your account number, treat it as a potential scam.

### **PASSWORDS**

### Change Passwords Periodically:

- Enhance security by changing passwords regularly.
- Ensure that the new password is unique and not easily guessable.
- Consider changing them more frequently than prompted.

#### Unique Passwords for Each Account:

- Use strong, unique passwords for every online account.
- Avoid using the same password across multiple platforms.

### PHISHING

Phishing is a deceptive technique used by scammers to obtain your personal information. Scammers may impersonate friends, banks, or colleagues to trick you into revealing sensitive details.

- Does the email look poorly written, contain spelling mistakes, or seem unlike the usual communication from that person?
- Did the email come out of nowhere, and you were not expecting it?

### GENERAL ADMIN

### Be Cautious with Links:

Avoid clicking on suspicious links in emails or messages.

Double-check the URL before entering login credentials or personal information.

### **Update Software Regularly:**

Keep operating systems, antivirus, and applications up to date. Regular updates often include security patches.



## **ONLINE SECURITY GUIDE**

## TOP TIPS

### **HOW TO STAY SAFE ON FACEBOOK ADS**

## ⊗ Beware of Communication/Email Scams:

- Facebook will not contact you through direct messages, from unfamiliar accounts, or tag you in posts regarding account issues.
- · Facebook will only communicate with you through the email address listed on your Facebook account.
- · Legitimate emails from Facebook will come from the official address ending in @facebookmail.com.

## Activate Two-Factor Authentication (2FA):

- Enable Two-Factor Authentication for your Facebook account, Facebook Ads account, and Facebook Business Manager.
- This adds an extra layer of security, as any changes to your account will need to be confirmed
  using two-factor authentication before being implemented.

### Receive Notifications for Unrecognised Logins:

- Turn on notifications for unrecognised logins on Facebook.
  - You will receive an alert if a new device tries to access your Facebook account, either through text or within the Facebook app, which you must approve.
  - This ensures that you have control over the security of your account.

### **PASSWORDS**

### Protect Your Password:

- Never write your password down or store it online.
- Do not share your password with anyone else.

#### **Enhance Password Strength:**

- Combine two random words with a number between them.
- Change the case of some letters and insert special characters or substitute numbers (e.g. compliance becomes C0mPl1@nCe).
- Consider using a password based on a song title or other phrase.

### **PHISHING**

Phishing is a deceptive technique used by scammers to obtain your personal information. Scammers may impersonate friends, banks, or colleagues to trick you into revealing sensitive details.

- Are you asked to click on a link within the email?
- When you click on the email address, does the actual address look authentic or does it appear suspicious despite a seemingly legitimate display name?

### **GENERAL ADMIN**

### Monitor Account Activity:

Regularly review your account activity and set up notifications for unusual logins or transactions.

### **Guard Personal Information:**

- Avoid sharing sensitive information like passwords or financial details over the phone or online.
- Be sceptical of unsolicited requests for personal information.





enquiries@nestmanagement.co.uk